



Fort Collins High School

Cheerleading Tryouts 2024-2025



Who can be a cheerleader?

Students who will be a freshman, sophomore, junior, or senior. There will be no specific number of students from each grade level selected. Anyone who makes a team and chooses to participate in another sport must plan with the coaches prior to summer practice.

Cheerleading at FCHS is both a job and a privilege. If you are selected, you will be expected to hold yourself to the highest standard of behavior and performance.

Tryout Information

Attend an information meeting with a parent or guardian on Tuesday, April 9, 2024 at 6:30pm in the FCHS Commons. Bring the following materials to the meeting or the first practice. All forms are included in this packet. You must turn in all forms and participation fee prior to practice.

- Student Tryout Information Sheet
- The Parent/Student Contract signed by you and a parent or guardian
- The completed Questionnaire
- Current Athletic Orange Card (information is provided in the packet)
 - A district athletic participation fee of \$190.00 is now required for all athletes. Free/Reduced Waivers are available. You are welcome to pay the bookkeeper or pay online on SchoolPay.

Tryout Practices

You will learn all the tryout material at the Practices. Practices will be held Monday, April 15 through Wednesday, April 17 with two practices each day at 4:15-6:00pm and 6:30-8:30pm following a break for dinner.

Tryout Uniform

Uniforms should reflect the FCHS colors: Purple and Gold. Shirt and shorts/pants must be solid color with no printing. Please do not spend a lot of money on new clothes. Your tryout also needs to be clearly displayed.

Tryout Day - Thursday, April 18th

Candidates will warm up in the small gym at 4:30pm. Stretching, warm-up, and review will be done as a group. Tryouts will begin at 5:00pm. Groups of 3 candidates will perform for the judges. The order of tryout material will be as follows:

- Spirit Explosion (include tumbling) as you enter the gym
- Perform a Cheer as a group
- Group Chant
- Perform a Dance as a group

Announcing the Squad

The squad list will be posted Saturday, April 20th on the outside gym doors and the McNeal Auditorium entrance doors of FCHS. The list will only include your tryout number and initials of those students selected as an FCHS Cheerleader for the 2024-2025 year.

Student Tryout Information

Name: _____ Student ID#: _____ Grade in the Fall: _____

Current School you are attending: _____

School you will attend in the Fall: _____

Address: _____ City: _____ Zip Code: _____

Home Phone: _____ Student Cell Phone: _____

Student's Birthday: _____ Age: _____

Parent/Guardian Information:

Parent/Guardian Name: _____

Daytime Phone: _____ Cell Phone: _____

Parent/Guardian Name: _____

Daytime Phone: _____ Cell Phone: _____

Medical Information:

Allergies/Health Problems, any known injuries or medical issues that could prevent the student from fully participating.

Any medications possibly needed during tryouts _____

* Please note that you must have a self-carry form filled in the school's nurse's office for over the counter medication

Emergency Contact Name: _____ Phone Number: _____

Student Questionnaire

Student Name: _____

We encourage you to be a well-rounded student and we can't wait to meet you! Please be honest with your answers as it will help us get to know you and what your interests are.

1. FCHS Cheerleaders have the responsibility of being a good Role Model and Leader.
 - a. Give us an example of how you can be a leader at FCHS or in the community

 - b. Who is one of your Role Models and why?
2. What are two important characteristics of a leader?
3. Cheerleading is a year-round commitment and responsibility.
 - a. Will you have situations (ex: trips, vacations, etc.) that will cause you to miss cheer?

 - b. Is there anything that will keep you from making a year long commitment? (April-April)
4. We try to work together with other teams and sports, so that you can be involved. What sports, cheer teams, plays, clubs, StuCo, or other events (in or out of school) do you hope to be involved in next year besides cheer? Could it conflict with cheer?
5. What would your best friend tell us about you?
6. What would you like us to know about yourself?
7. There are many reasons why someone might want to be a cheerleader, what is one of your reasons you would like to be a part of our team?
8. Were you involved in any behavior infractions (ISS, OSS, Administrative Discipline) during the 2023-2024 school year? If yes, please explain and use a separate sheet if needed.

FCHS Cheerleading Parent Contract

Student's Name: _____ Parent's Name: _____

Grade in Fall: _____ Current School: _____ Student ID#: _____

As a Parent/Guardian to the above student, I agree to the following:

1. I understand that there is no guarantee that my student will make a squad or the squad of their preference.
2. I agree to attend a Parent Meeting on April 30, 2024 if my student makes a squad.
3. A \$300 payment as a deposit for my student's uniform will be made to the bookkeeper prior to uniform fittings on May 1, 2024 and the receipt turned in.
4. I understand there is fundraising; however, there is no guaranteed amount of fundraising to defer the uniform cost. I understand the uniform cost can be over \$950; camp fee is around \$250. I understand a PSD waiver does not cover extracurricular expenses.
5. I will pay the \$190 athletic participation fee prior to tryouts. Free & Reduced Waivers will apply for participation fee.
6. I will guarantee my student will pay their uniform bill prior to the due date set.
7. I understand my student will pay for and attend a summer cheer camp.
8. I understand my student will attend Spring practices twice a week in May, attend study session practices, practices throughout the spring and summer, and will start regular practices in mid-July.
9. I understand injuries/death can occur. I will not hold FCCHS, PSD, or the coaches responsible or liable.
10. I give permission for my student, _____ to tryout for FCCHS Cheerleading.

Parent Signature: _____ Date: _____

FCHS Cheerleading Student Contract

Student's Name: _____ Student ID#: _____

I understand to tryout for the FCCHS Cheerleading Team, I must do the following:

1. I will bring all necessary forms to the meeting on April 9, 2024 or the first practice.
2. I will attend at least one pre-tryout practice each day: April 15th-17th from 4:15-6:00pm & 6:30-8:30pm.
3. I will attend official tryouts on Thursday, April 18, 2024.
4. My cell phone will be turned off during all tryout practices and during tryouts.

If selected to represent FCCHS as a cheerleader, I agree to the following:

1. I will commit to FCCHS Cheerleading for the complete April 2024 – March 2025 season.
2. I will attend a summer camp and all summer practices.
3. I will cheer at all required events and attend all practices.
4. I will cooperate fully with the entire squad and coaches.
5. I will work with the group for community events and fundraisers for the benefit of the program.
6. I agree to pay (the bookkeeper) a \$300 uniform deposit before May 1, 2024.
7. I agree to pay my uniform balance and my camp fee by the deadline.
8. I agree to abide by the rules and regulations of the FCCHS Cheerleading Handbook, PSD regulations, FCCHS regulations, & CHSAA regulations.
9. I understand injuries/death can occur and I will not hold FCCHS, PSD, and coaches responsible or liable.

Parent Signature: _____ Date: _____